



Student Number

57649

Teacher Report for: Jocelyn XXXXX

Age: 11 **Grade:** 6 **Sex:** F

INTROVERTED SELF-EXPRESSIVE LEARNER

Dear JOCELYN,

Congratulations! You have just taken a very important step toward gaining new insight into yourself as a learner and as a person. This report will help you understand your personal learning style profile. Perhaps you're wondering, *why do I need to know my personal learning profile?* **The more you understand how you learn, the better you will be able to learn.** Knowing your learning style profile will help you solve all kinds of learning challenges, from tackling tough problems in algebra, to learning how to perfect your golf swing, to following the ins and outs of the next presidential election. In short, knowing your learning style profile is a key to success in school and life and to achieving even the toughest personal goals.

Take a few minutes to review your learning style profile below. You'll notice that your profile is broken up into three brief sections. The first section describes your attitude, which is a measure of how active or reflective you are during learning. The second section describes your learning style, or your preferred way of learning. Finally, the third section provides tips and activities to help make the most of your personal learning style profile.

We hope this profile will be an important tool in helping you increase your power as a lifelong learner.

The Thoughtful Education People

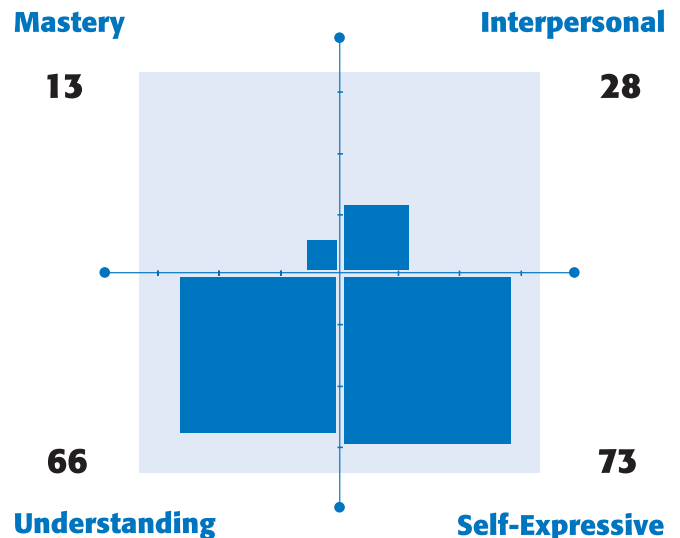
ATTITUDE: **Introverted**

How active or reflective are you while learning? Well, the numbers on the sliding graph below show that in general, you tend to be more reflective during learning, favoring quiet for concentration and independent study over hands-on or group activities. This reflective attitude toward learning is known as introversion. A common mistake people make is to assume that all introverts are shy. Even though you may enjoy having time to yourself, **an introverted attitude means that you draw your energy from your inner self**—your actions and thoughts are rooted more in your personal ideas and beliefs and not as influenced by the outside world like your friends, family, school, the media, etc.



LEARNING STYLE: **Self-Expressive**

The graph to the right reveals that you have a Self-Expressive learning style. Learning style is a way of understanding how you interact with the world around you. We combine your attitude (Introverted) and your learning style (Self-Expressive) to help you understand what kind of learner you are. Introverted Self-Expressive learners like you have first-rate imaginations, dreaming up ideas and projects that surprise people—even yourself sometimes! Because you’ve got a great imagination, you can easily sympathize and identify with others, even if they’re very different from you. It is not hard for you to “take a walk in another person’s shoes.” Some Self-Expressive learners don’t enjoy working in large groups, but most like the chance to work with a few people and get to know them really well. Introverted Self-Expressive Learners feel that a person’s beliefs and values are very important and are on a constant quest to know themselves better and to define who they are.



To increase your power as a student, you might want to try the following things:

- Find a friend who can study and work on projects with you.
- When you get an assignment that doesn't give much play to your imagination, discuss alternatives with your teacher.
- Keep a journal in which you reflect a few times a week. Use your journal to think about your beliefs, values, and projects you might want to pursue.
- When you know what your goals and values are, share them with other people so they know what you need.
- Increase your participation in class discussions by adding your ideas and questions near the end.
- Schedule repetitive practice work at the same time every day.
- When you feel moody or depressed, don't assume it will last forever. Work on an idea you love and the mood will probably pass.
- Develop a calendar or schedule that allots specific times for regular work, helping others, and your own projects and interests.

As a way of thinking about your learning style profile, look over the two sets of statements below that we use to describe Introverted Self-Expressive learners like you. For the first set, rate each statement in terms of how true this statement is for you. Use a 1 to 4 scale, where a 1 means "Very true for me" and a 4 means "Rarely or not true for me." Then do the same for the second set.

1. Your motivation to work hard probably increases when:

- You have plenty of time to think through your ideas so that they express what you really think and feel.
- You have opportunities to create work where you can use your imagination to make something that is new and different.
- You have a small band of friends who appreciate your unique way of thinking and feeling.
- You have a teacher who is interested in helping you develop your own special way of thinking.

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2. On the other hand, students like you often find it harder to feel motivated when:

- There are too many things going on and you don't have time to do one or two things very well.
- The work you are doing seems repetitive or takes a lot of practice.
- You feel that people around you don't appreciate what is special and different about you.
- You are not clear about your own goals and don't have someone to help you figure out what they might be.

Understanding your learning style profile is an important step towards becoming a better learner. We encourage you to share this profile with your friends and family and use it to help you succeed in school and reach your personal goals.

